

An Introduction to LIONS QUEST

Joviltė Beržanskytė
LIONS QUEST national trainer
Kiev, Ukraine 2018

What is Social and Emotional learning?



What is LIONS QUEST?



K – 12 social and emotional learning (SEL) curriculum.

Goals:

- ❖ Engage students, families, schools and community members;
- ❖ Provide opportunities for young people to learn essential skills;
- ❖ Engage young people in the practice of good citizenship;
- ❖ Improve the lives of young people by fostering social and emotional competence;

Lions Quest

**Anti-
bullying**

**Character
Education**

**Drug and
Alcohol
Awareness**

**Service-
Learning**

Social and Emotional Learning (SEL)

Responsible Decision Making

Social Awareness

Relationship Management

Self-Awareness

Self-Management

LIONS QUEST programs



Skills for Growing (K – 4 grade)
Skills for Adolescence (5 - 8 grades)
Skills for Action (9 – 12 grades)



Planning

SEL COMPETENCY

Relationship Skills

SKILL resolving conflicts

MATERIALS

- ✓ Discovering Projectable 3.6.1
- ✓ Connecting Projectable 3.6.2
- ✓ Practicing Projectable 3.6.3
- ✓ Student Journals
- ✓ Family Connection take-home worksheet

CLASSROOM CONFIGURATION

- 1 whole class 2 whole class
- 3 small groups 4 small groups

OBJECTIVES

- Students will
- ✓ identify bullying behaviors and feelings associated with bullying;
 - ✓ distinguish which situations are bullying and which are not.

★ COMMON CORE CONNECTION

This lesson addresses the following Common Core Standards:

SPEAKING AND LISTENING:
COMPREHENSION AND COLLABORATION

- ✓ SL.3.1.b, SL.3.1.b

SKILLS Progression

← **LAST YEAR**, students identified bullying behaviors and how to identify bullying situations.

↓ **THIS YEAR**, students learn to resolve conflicts by identifying bullying behaviors.

→ **NEXT YEAR**, students will learn to distinguish between bullying behaviors and behaviors that result from healthy conflict.

3.6 What Is Bullying?

In order to recognize and understand bullying behaviors, a person must first discern what bullying behaviors are and are not. Doing so will help promote positive interactions between people.

1 DISCOVERING

10 MINUTES

Lesson Link

ACTIVITY 1

Allow students time to distribute the gifts they made for the Applying activity in Lesson 5

State that today's lesson is about recognizing bullying behaviors in others. Ask students to think of a time when they or someone they know was bullied. Display **Discovery Projectable 3.6.1** to the class. Draw a T-chart on the board. Title one side *Actions* and the other side *Feelings*. Ask them to identify any actions they see taking place in the photos. Make a list of the actions they give you. Ask for volunteers to associate feelings with the actions. List those feelings in the appropriate column on the T-chart.

ASK: *When was the last time you felt like one of the people in the photos? What caused you to feel that way?*

Acknowledge that what they have just talked about is called "bullying" and that it can be hurtful.



2 CONNECTING

10 MINUTES

INSTRUCTION

Remind students that bullying is hurtful.

Introduce the acronym HARM

Show **Practicing Projectable 3.6.3**. Have students read the HARM model with you. As you call out each letter of the word HARM, cue them to read the text that follows with you. HARM will serve as a tool for students to remember what bullying behavior is.

H—Harmful

A—Actions or words

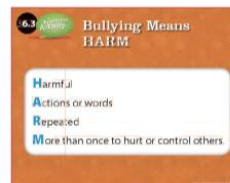
R—Repeated

M—More than once to hurt or control others.

Model how to identify bullying behaviors

Show **Connecting Projectable 3.6.2**. Read the heads aloud. Give the examples to students and ask them to raise their hand for the action they think is being displayed.

SAY: *Once, I was late for the bus. As I ran around a corner, I ran right into my art teacher. I apologized immediately and explained why I was running.*



Triangle of success



Benefits of LIONS QUEST programs



Decreases:

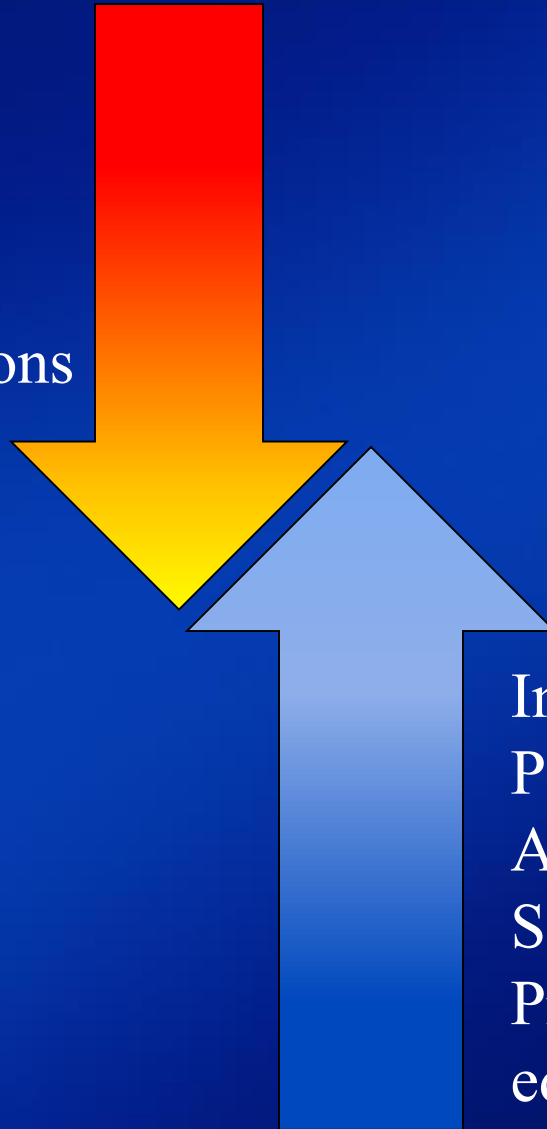
Problem behavior

Bullying

In-school suspensions

Out-of-school suspensions

Stress level



Increases:

Positive school climate

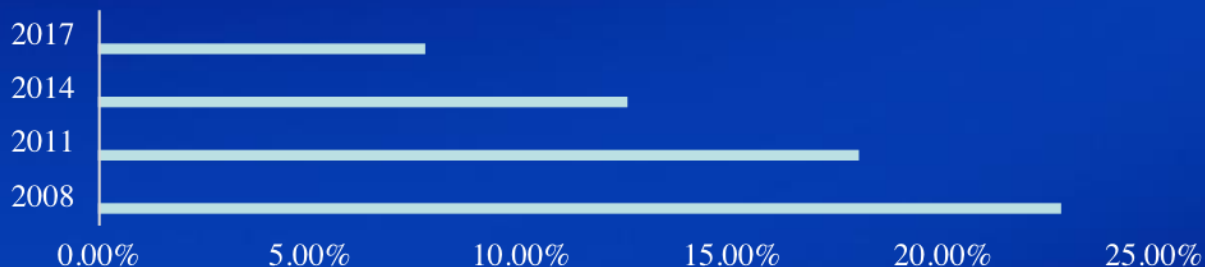
Academic performance

Satisfaction

Professional and personal
educator development

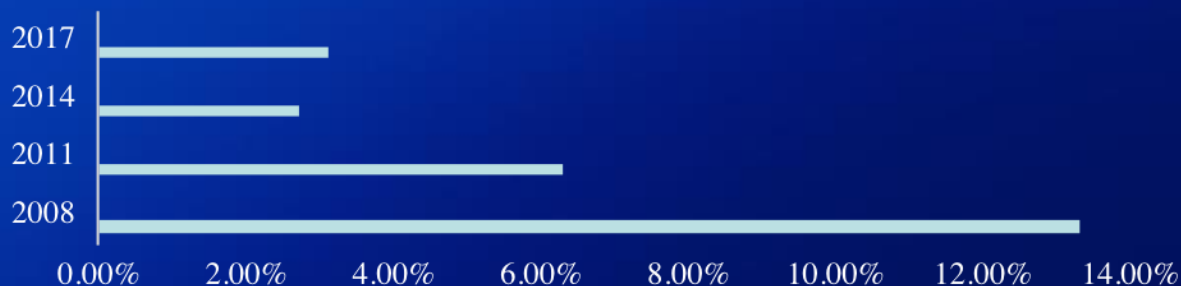
Example of Klaipėda district

Bullying decrease
by 11,5%



Smoking
decreased by 15%

Alcohol
consumption
decreased 10,2 %





It starts with one!

- ✓ Do you believe, that education is more than just a lesson and transfer of knowledge...
- ✓ Do you believe that education can bring together the whole community...
- ✓ Do you believe that children can change the world and they only need skills...



Contact Us

LCIF/Lions Quest Department

E-mail: info@lions-quest.org

Lions Quest Program Manager Matthew Kiefer

E-mail: Matthew.Kiefer@lionsclubs.org

LIONS QUEST Lithuania

LQ Country director in Lithuania Linas Slusnys

E-mail: info@lions-quest.lt

LIONS QUEST Ukraine

Director of Lions Quest Program Valentin Kravchenko

www.lions.org.ua

+38 068 222-50-49

E-mail: lionsquest.ukraine@gmail.com

Lions Quest Web site: www.lions-quest.org